



All our mains...

Below is a list of many of the main dishes that we create, along with a list of their main ingredients. Allergens are listed in **BOLD**. All of our products are free from GLUTEN AND ANIMAL PRODUCTS:

Matar 'Paneer'

Tofu (**SOYA**), garden peas, tomato, ginger, garlic, chillies, coriander, **CASHEWS**, spices.

Vegetable Handi

Carrots, peas, potatoes, mushrooms, green beans, sweetcorn, cauliflower, onion, ginger, garlic, tomatoes, mint, coriander, chillies, **SOYA** cream and yoghurt, spices.

Simlai Jackfruit

Jackfruit, potatoes, sweet pepper, ginger, garlic, onion, chillies, tomatoes, lemon juice, spices (including **MUSTARD SEED**).

Kadai 'Paneer'

Tofu (**SOYA**), sweet pepper, ginger, garlic, onion, tomatoes, **SOYA** cream, coriander, spices.

Lobia Mushrooms

Black eyed beans, onion, mushrooms, garlic, coriander, spices.

Mushroom Dhansak

Lentils, tomatoes, potatoes, aubergine, pumpkin, bottlgourd, ginger, garlic, mushrooms, onion, tamarind, spices.

'Keema' Matar

TVP (**SOYA** mince), ginger, garlic, chillies, tomatoes, **SOYA** yoghurt, peas, coriander, spices.

Others **are** available, just ask! We endeavour to do requests!



All our sides...

Below is a list of many of the side dishes that we create, along with a list of their main ingredients. Allergens are listed in **BOLD**. All of our products are free from GLUTEN AND ANIMAL PRODUCTS:

Dhaba-style Aloo Gobi

Cauliflower, potatoes, onion, tomatoes, ginger, garlic, coriander, spices.

Sag Dal Fry

Lentils, onion, tomatoes, ginger, garlic, chillies, spinach, **MUSTARD** greens, lemon juice, spices.

Chole

Chick peas, onion, ginger, garlic, chillies, tomatoes, coriander, spices.

Dal Makhani

Lentils, onion, tomatoes, ginger, garlic, **SOYA** cream, coriander, spices.

Methi Aloo

Potatoes, chillies, methi (fenugreek leaves), spices.

Punjabi Aloo Beans

Green beans, potatoes, spices.

Poriyal Cabbage

Cabbage, coconut, onion, lentils, coriander, chillies, spices (including **MUSTARD SEED**).

Others **are** available, just ask! We endeavour to do requests!